



The Gillespie Approach Newsletter

Winter 2016

BY DR. BARRY GILLESPIE

"CONTENTED BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET."

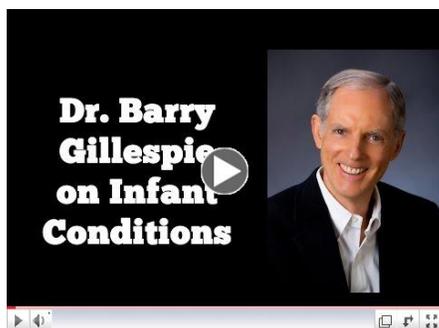
VIDEO CHANNEL



Please visit
The Gillespie Video Channel

NEW VIDEOS

Infant Conditions



Pediatric Asthma

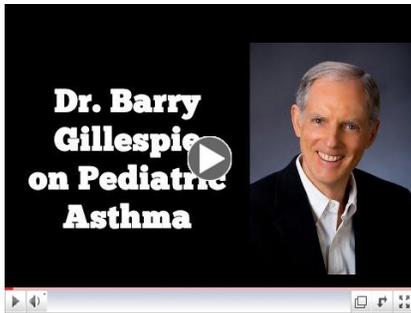
What's Happening in CFT

The QEEG and CFT

The Quietmind Foundation in collaboration with Dr. Barry Gillespie is initiating a multiple case review assessment of The Gillespie Approach of Craniosacral Fascial Therapy (CFT) using Quantitative EEG (QEEG) recordings before and after treatment. This measurement of the brain's electrical activity at the scalp surface will provide scientifically accepted evidence of the impact CFT has on neurological functioning. This procedure only measures electricity coming out of the body; no electricity is being directed into the body. We intend to collect a significant number of these readings from people around the country receiving CFT and publish the findings.

The QEEG is a neurological (medical) test to evaluate central nervous system activity and is reimbursable by medical insurance when provided by a qualified provider. Subjects who are willing to participate in this project will be directed to a local provider to obtain this evaluation. The process takes about an hour and is completely painless and noninvasive.

The subject will wear a nonrestrictive bathing cap with electrodes placed inside for 6-8 minutes once with eyes open and then with the eyes closed. Small amounts of conductive gel will be put into the electrodes to improve signal quality. No other task or activity is required, and it will only be



Presenting CFT



SEMINAR INFORMATION

February 5-7, 2016

Basic CFT Seminar for Children and Adults
Cape Town, South Africa

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February 12-14, 2016

Basic CFT for Infants and Toddlers
Cape Town, South Africa

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April 1-3, 2016

Basic CFT Seminar for Children King of
Prussia, PA

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April 12-15, 2016

Basic CFT for Infants and Toddlers
Bird-In-Hand, PA

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repeated before treatment starts and after 10 sessions or termination, whichever is sooner.

These assessments are provided at no additional cost beyond the reimbursement from insurance unless a copayment or coinsurance fee is required. Subjects with limited insurance or financial hardship will be accommodated on a sliding scale basis. Please direct any questions regarding this project to Marvin Berman PhD, Principal Co-Investigator at 267-481-3987.



A MOTHER'S STORY

Our fourteen-year-old son is full of energy and does not do things in a traditional way. That's exactly how his birth went. I labored with him for 26 hours, anxiously watching his heart rate stop and start. After a rapid descent, his shoulder got stuck. The doctor called for help, and he was born after a quick delivery maneuver. The cord, wrapped twice around his neck, left him purple-faced for days. With Apgar scores of 2 and 7, he struggled to breathe and spent his first night in the NICU.

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THE "WHY" OF CFT

What brings fulfillment, joy, and happiness to life? Even though money plays an important role in society denoting proper respect for work, it probably will not touch our hearts. That aspect may reside in service to others.

As a practitioner, how do we feel when a young girl with daily headaches can now live without pain? How do we feel when a young boy can now

April 15-17, 2016

Basic CFT Seminar for Children and Adults
Liverpool, UK

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April 22-23, 2016

Basic CFT for Infants and Toddlers
Liverpool, UK

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LEARN MORE

Please visit my
website for more
information.

www.gillespieapproach.com

Please email me with any questions about
the seminars or if you have questions
about integrating The Gillespie Approach
and CFT into your practice at
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on **Facebook:**





*"In this world babies reach their optimal
cognitive potential to think,
reason, learn, focus,
and concentrate
at birth. "*

focus, concentrate, and read better at school?
When we quietly lie in bed at night, did we make a
difference in the world today? The practice of CFT
can represent our basic human emotional need of
being involved with something greater than
ourselves.

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A THERAPIST'S EXPERIENCE

When my newest darling niece arrived, my sister-in-law, who consults with school systems for children with severe developmental delays, was excited for me to get my heart and hands on her little bundle. This was her third beautiful baby, and the pregnancy and birth were free of complications. I didn't get to see her until day four due to travel time and work constraints. I knew the baby had had a loosely wrapped cord and her mandible was somewhat retracted, though nursing was going well.

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VIDEO CHANNEL



Jana's Journey from Birth to Recovery -
Pending Copyright



CFT on a 21 Month Old Baby



Roman's Craniosacral Fascial Therapy

CONTACT US AND REGISTER FOR SEMINARS



To learn more about The Gillespie Approach for babies, children and adults, contact Dr. Gillespie's office:

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