

# Craniosacral Fascial Therapy Newsletter

Summer 2011

BY DR. BARRY GILLESPIE

## "THE BRAIN HAS TO BREATHE"

### IMPORTANT INFORMATION

**CSF THERAPY FOR  
BIRTHING PROFESSIONALS**  
Viroqua, Wisconsin  
August 25-27, 2011

Wisconsin Seminar  
Information

\*\*\*

**KoP CSF THERAPY:  
GENERAL TECHNIQUES**  
King of Prussia, PA  
September 16 - 18, 2011

King of Prussia  
Information

\*\*\*

**CSF THERAPY:  
GENERAL TECHNIQUES**  
Myerstown, PA  
September 28 - 30, 2011

**BABY CSF THERAPY**  
October 1, 2011

Myerstown Seminar  
Information

### LEARN MORE

Please visit my  
website for more  
information:

[www.brain-therapy.com](http://www.brain-therapy.com)

Please email me with any  
questions about the

I would like to thank everyone for your continued support of the work. Since this newsletter is an open forum, I would be happy to include a case history or any comment in the next edition.

If you have taken the children/adult training in the past, my focus is all about newborns now. Of course, we still treat everyone with a brain, but why deal with the suffering in children and adults if you can prevent the problems at birth?

As the baby providers finish our fifth year, we are very excited about our work. Krissy, Mike, and I treat about 250 babies a year just in Bird-in-Hand. Between Mexico and Pa we are still trying hard to find one baby who will NOT respond positively to the work. It is a beautiful thing.

We also have a tremendous amount of gratification when we see healthy toddlers on their 1 to 2 year check-up visits. Their mothers are very pleased. Simply stated, it works. We continue the research every Wednesday because we believe it will go viral/global and help billions of people in the future.

The biggest reward is the emotional component that I feel in the accomplishment. Initially, I can see many difficulties ahead for a traumatized infant. With the work complete, the entire life picture alters for the next 70-80 years. Wow. When I step back and look at what happened, I am in total awe. There is something inside of you that melts. There are no words for this priceless feeling.

I would encourage anyone to look at the baby aspect of the work. If you have ever asked yourself the question, "Can I make a significant difference on this planet," I would say a resounding YES, YOU CAN.

Barry



seminars or if you have questions about integrating CSF Therapy into your practice at [drbarryrg@me.com](mailto:drbarryrg@me.com)

\*\*\*

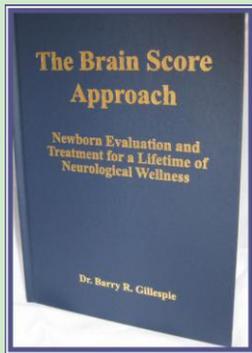
***"CSF Therapy makes up 40% of my practice. Also, it will lengthen my career, as it is physically easier to do.***

***The children are responding to CSF Therapy so well that their parents are amazed. The fact that there is an end to treatment has parents very willing to try therapy."***

Daniel G. Jobson, P.D.M.T.,  
Perkiomenville, PA

\*\*\*

### **Order Your Copy**



### **The Brain Score Approach**

**Newborn Evaluation and Treatment for a Lifetime of Neurological Wellness**

Based on Dr. Gillespie's

## **FIRST BIRTH IN THE U.S. - PART ONE** **BY CHRISTINE HOLEFELDER B.S., L.M.T**

Last month I had the pleasure of attending my first birth in the states. Last year, while teaching in Culiacan, Mexico, I worked on two newborns in a hospital setting. Through the magic of networking, I was connected to an expectant mother in my area. She was interested in the work and thrilled at the idea of having her newborn evaluated and treated. In exchange for allowing me to attend the birth, I offered labor support to Mom as well as care for the baby, Gillespie style! During our first face-to-face meeting, I gave her a copy of [The Brain Score Approach](#). We spoke again shortly after she finished reading the book. Her only comment was, "How come this is not being done EVERYWHERE? Everyone should be having this done for their babies!" Clearly, Mom was on board.

As any mother knows, labor is an unpredictable process. I feared I had missed the call somehow as Mom's due date came and went. Finally the call came, but it was for help with labor induction, as she was getting ever closer to a hospital intervention...

### **Continue reading "First Birth in the U.S."**

## **RESEARCH UPDATE**

In the summer of 2009, Johnny, a two-month old infant, cried constantly. His mother said he was very colicky and distressed. He responded well to many sessions of CSF Therapy, and that was that. Or so we thought.

When Krissy and Mike saw him in the spring of 2011 for a check-up visit, Johnny was in good general health but was still not walking. It was not clear what the issue was. With my background in brain injury at The Family Hope Center, thoughts of brain damage started running through my mind. But how could that be if he had a great brain cycle on his check-up visit?

During that visit, Krissy and Mike found that his shoulders were unusually tight. Over the course of the 30-minute visit, they did three major sessions on his shoulders. Back in 2009, we paid little attention to an infant's shoulders. This time around, the results of CSF Therapy were amazing. Not only did he immediately start to walk, but he ran unstoppably around the room. The problem was that his shoulders were so tight that he could not raise himself up to walk. Once the shoulder tissues freed up, Johnny could walk and run. Their restriction was the cause of his delayed development. What appeared to be medically complex problem turned out to be quite simple.

Einstein said, "If we knew what we were doing, we would not call it research." We now spend more time with infant shoulders that may be traumatized by the pubic bones in birth. In doing the Baby Brain

professional clinical experience since 1977, ***The Brain Score Approach*** explains how to optimize brain function at birth as part of a healthy lifestyle.

**Cost:**

**1-4 books = \$25/book**  
shipped in the United States

**5 + books = \$19/book**  
shipped in the United States

*"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "*

Score and CSF Therapy, the entire body has to be evaluated and treated since everything is connected.

[Click here to read more about Baby Day updates](#)

**CASE HISTORY - A FOLLOW UP**

When Max presented to us, his parents were distraught. His story was featured on page 28 in **The Brain Score Approach**. Here are mom's comments after the 1-year checkup visit.

"When Max presented for CSF Therapy in the first few weeks of his life, he had colic, reflux, a blocked tear duct and spinal /pelvic rigidity (Mom is a chiropractor.). 14 months have elapsed since his last session, and I am thrilled to say that all of those issues are still resolved.

Max has had 3 minor colds and no ear infections. He has not required any medications over the past year, has shown no allergies and has reached all of his developmental milestones early. He has always been aware, alert and seems more mature than his chronological age. We are thoroughly convinced that CSF Therapy was a major reason for the success he has had this first year."

**CONTACT US AND REGISTER FOR SEMINARS**



To learn more about CSF Therapy for babies, children and adults, contact Dr. Gillespie's office:

Chiropractic and Holistic Health  
860 First Ave., Suite 1B, King of Prussia, PA  
19406  
610-265-2522

**Dr. Barry Gillespie's email**  
**www.brain-therapy.com**