



The Gillespie Approach Newsletter

Winter 2012

BY DR. BARRY GILLESPIE

"CONTENT BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET"

VIDEOS

VIDEO CHANNEL



Please visit
The Gillespie Video Channel
3 Amazing CFT videos

IMPORTANT INFORMATION

UPCOMING SEMINARS

THE POWER OF PRESENCE
April 21 & 22, 2012
(9:30 - 5:30)

[Seminar Information](#)

**The Gillespie Approach
CFT GENERAL TECHNIQUES**
Tillsonburg, Ontario
May 16-18, 2012
(full day course)

**Added Infant Segment -
BABY BRAIN SCORE**
Tillsonburg, Ontario
May 19, 2012
(8:30 - 2:30)

[Complete Information
and Registration for the
Ontario Seminar](#)

What's Happening In CFT

The History of Baby Day

Kristen Myers, Mike Myers, and I are entering our sixth year of research for the Baby Brain Score (BBS) and Craniosacral Fascial Therapy (CFT). Our thanks go to our fellow research practitioners, who are working with babies at little or no pay in their own offices. The collective findings continue to amaze us. As I tell people about the work, I feel that we are all the Wright Brothers in 1903, but we are now flying at super sonic speed.

Kristen, Mike, and I evaluate and treat babies in Bird-in-Hand, Pa. in our research project. There are many beneficial aspects of the program, but the primary purpose of baby day is to help change the world. We thank Mr. Christ Miller, the owner of Miller's Natural Food Store (the Amish version of Whole Foods), for spearheading the community's support. In 2010 we saw about 250 infants. Even though about 90% of the babies are Amish, the program is open to any infant on the planet under 6 weeks of age. We see babies from a 3-hour radius (Yes a 6 hour round trip!). If you are interested for your baby while the research is in progress, please call Mike at 484-336-3243 for information.

A historical perspective is in order. After treating my first baby in 1980, I found over the years that they never returned for CFT. "Very healthy", the moms would relate. "He/she only goes to the doctor for school checkups." Seeing this pattern for many years, I felt that fetal and birth strains could cause a lifetime of health problems. What if the strains could be identified and worked out directly at birth? How does it get any better than that?

In 2006, Joan Martin and Ruth Sensenig took the CFT training and immediately started working with Mennonite babies. They called me weekly relating how well the newborns did and the excitement of all the moms. I was happy that other students were finally seeing what I had seen for 26 years. Approaching 60, I felt I had one more good run in my life. With moms and therapists now opening to the infant work, I decided to dive in as my retirement project and investigate the wide-open

LEARN MORE

Please visit my website for more information.

www.gillespieapproach.com

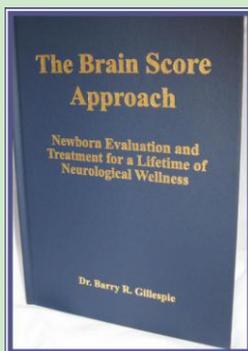
Please email me with any questions about the seminars or if you have questions about integrating The Gillespie Approach and CFT into your practice at drbarryrg@me.com

"CFT makes up 40% of my practice. Also, it will lengthen my career, as it is physically easier to do.

The children are responding to CFT so well that their parents are amazed. The fact that there is an end to treatment has parents very willing to try therapy."

Daniel G. Jobson, P.D.M.T.,
Perkiomenville, PA

Order Your Copy



The Brain Score Approach

Newborn Evaluation and Treatment for a Lifetime

newborn field.

Even though I felt that virtually every newborn could benefit with CFT, I knew it would be a very hard sell for birth professionals. No one had ever seen or heard of this work for newborns; plus brain cycle, sacral cycle, and fascia were all unknown terms for them. Plus let's be honest, the CFT unwinding process looked very weird. So I created a screening test where the bar was set high where almost every newborn would fail. As a result, CFT would become mandatory at almost every birth. Practitioners would later find that newborns would be significantly healthier and tuned-up neurologically to have a great start in life. The whole process could be different, but it had to work every time.

I found that the Apgar Score did a great job checking vital signs of newborns but omitted brain function, a critical factor that would greatly determine the quality of life. If an infant was born with a neurological problem, no one noticed and no one corrected it at a time when it was the most correctable. The only option was to grow out of or live with it. I strongly felt that approach needed to drastically change.

I patterned the scoring of the Brain Score after the successful Apgar Score. After months of work, it looked very good on paper but needed field-testing. Kristen and Mike Myers put the word out for babies, many therapists pitched in for free to help, and two years later we formulated the present test. The crowning confirmation was in Mexico in March 2010 where the Brain Score worked flawlessly for 55 babies. In 2011 my daughter told me to add "Baby" to make it sound less harsh clinically and more mom-friendly. Thank you for the logos too, Kristen.

After we did the Baby Brain Score (BBS), we did CFT for every baby. Mothers heard about the success of the BBS and CFT combination from other mothers and started calling Kristen and Mike for their newborn. Babies started to show up. Mother's talk, and it was not long before it swept thru the Amish Community. Our Baby Day was born!

In 2009, after completing our first 50 babies, we saw the power of this approach and felt that it had the potential of a monumental medical discovery. We stayed the course, evolved our techniques, and set up parameters for a large research study. Since we had worked for years at no pay, a kind researcher at a large local pharmaceutical company oversaw our project at no charge. Thank you, Melissa.

Currently we have over 300 babies in the study. We expect extraordinary results for publication, and in all honesty, they will be seemingly too good to be true. But we stand by our work and feel that it can easily be duplicated worldwide. There is no question that the BBS/CFT concept will go global in time. It will make life significantly better for billions of newborns. I believe that when all of the benefits are proven later in this century, the work will be one of the great advancements in medicine, on a par with vaccines, antiseptics, and antibiotics. We are happy you are on board in the pioneer's club to help spread the word.

of Neurological Wellness

Based on Dr. Gillespie's professional clinical experience since 1977, ***The Brain Score Approach*** explains how to optimize brain function at birth as part of a healthy lifestyle.

Cost:

1-4 books = \$25/book
shipped in the United States

5 + books = \$19/book
shipped in the United States

"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "

Barry

A NEW SEMINAR FOR 2012 THE POWER OF PRESENCE APRIL 21 & 22, 2012

We are excited that Rebecca Debus, a student in the April 2004 seminar, will be introducing a new and much-needed seminar, entitled The Power of Presence coming in April. You can check her out at: alifehealing.com. Remember all of the emotional stuff that came up at the seminar with the web? She will teach you how to handle it.

[Click Here for The Power of Presence Information](#)

PROJECT LATCH

Christine Holefelder has started this project as an entryway to introduce the baby work to lactation professionals in the Philly area. After difficulty in breathing at birth, the next problem we see is the inability or difficulty to nurse immediately. The work is very effective in that correction. The doctors we taught in Mexico in 2010 were totally sold when one afternoon we went into a maternity ward and treated two babies who could not nurse in their first 24 hours. Immediately they both took to the breast. Ole.

We feel that once lactation professionals see the feeding benefits, they will buy into the total package - colic, reflux, and other conditions. It is a no-brainer. If you are interested in more details, please contact Christine at cholefelder2@gmail.com. Christine is now the cutting edge, and she will be responsible for every newborn in the Delaware Valley having the BBS and CFT. If that is your passion, she would love to hear from you.

Last month remember Christine's story about Baby M? If you missed it here are all installments including The Final Chapter.

[Baby M - Part 1](#)
[Baby M - Part 2](#)
[Baby M - Final Chapter](#)

NEW WEBSITE

www.gillespieapproach.com

Like us on Facebook 

We are excited about the new website; please check us out. A number of students have asked me if they can use the BBS and CFT logos in their advertising. Yes, please do at no charge. Sent me an email and I will send you the master copies of the

two logos. Let's get the word out there.

Sue has created a Baby Day Post section from Facebook on the website. All of the newborn discoveries will be on the site indefinitely for everyone to read at no charge. This saves me from writing another book!

VIDEO CHANNEL



CFTerapy - The Gillespie Approach



CFT on a 21 Month Old Baby



Jana's Journey from Birth to Recovery - Pending Copyright

CONTACT US AND REGISTER FOR SEMINARS



To learn more about The Gillespie Approach
for babies, children and adults,
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