



**Gillespie Approach™**  
Craniosacral Fascial Therapy

## The Gillespie Approach Newsletter Spring 2012

BY DR. BARRY GILLESPIE

*"CONTENT BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET"*

### VIDEOS

#### VIDEO CHANNEL



Please visit  
The Gillespie Video Channel  
3 Amazing CFT videos

#### IMPORTANT INFORMATION

### UPCOMING SEMINARS

#### THE POWER OF PRESENCE

April 21 & 22, 2012  
(9:30 - 5:30)

[Seminar Information](#)

#### THE BASIC CRANIOSACRAL FASCIAL THERAPY (CFT) SEMINAR

August 17 - 19, 2012  
Missoula, Montana  
(9:30 - 5:30)

Contact:

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C: 503-381-1498  
[atrenga@gmail.com](mailto:atrenga@gmail.com)

#### THE INTRODUCTORY BABY BRAIN SCORE (BBS) AND CFT SEMINAR

August 20, 2012

### What's Happening In CFT

What will it take for the BBS/CFT to happen globally?  
One possibility of attaining our worldwide acceptance goal is for these baby steps to occur over time:

1. The midwives and moms are now pioneering the work. The midwives add it to their services. Moms talk to each other, and word spreads quickly. I believe that moms will drive the work. If the baby is not happy, mom is not happy. If mom is not happy, no one in the family is happy. The universal happy and content baby theme will make it happen.
2. At some point hospital birth nurses need to hear about the work in a positive light from the moms, midwives, and/or media. The lactation nurses will be the most receptive because nursing is an immediate concern with newborns and mothers. Since babies must eat, what can we do now? Christine Holefelder in Philadelphia and Lori Beth Geils in Chicago have the answer with "Project Latch", a program that brings awareness to mothers and lactation nurses. When CFT produces happy babies from this group, other nurses will take notice. Maternity nurses will work on fussy babies, and NICU nurses will help newborns with life-threatening issues. Eventually the labor and delivery nurses will do the BBS directly at birth as the intended preventative measure.

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**THE BASIC CRANIOSACRAL  
FASCIAL THERAPY (CFT)  
SEMINAR**

September 7-9, 2012

King of Prussia, PA

[Seminar Information](#)

**THE BASIC CRANIOSACRAL  
FASCIAL THERAPY (CFT)  
SEMINAR**

September 26-28, 2012

Lebanon, PA

[Seminar Information](#)

**THE INTRODUCTORY  
BABY BRAIN SCORE (BBS)  
AND CFT SEMINAR**

September 29, 2012

Bethel, PA

[Seminar Information](#)

LEARN MORE

Please visit my  
website for more  
information.

[www.gillespieapproach.com](http://www.gillespieapproach.com)

Please email me with any  
questions about the  
seminars or if you have  
questions about integrating  
The Gillespie Approach and  
CFT into your practice at  
[drbarryr@gmail.com](mailto:drbarryr@gmail.com)

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*"CFT makes up 40% of my  
practice. Also, it will  
lengthen my career, as it  
is physically easier to do.*

*The children are  
responding to CFT so well*

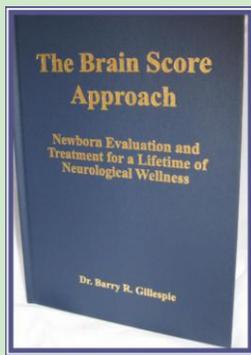
3. Nurses need to quickly check out the work in the medical literature on the Internet for free. The craniosacral fascial system and its terminology are new, and new concepts in medicine are often greeted with skepticism, at best. The first things doctors and nurses ask are "Is this work published in the medical literature? Has a trusted medical authority peer reviewed it?" The answers for both are YES and found in [The Internet Journal of Pediatrics and Neonatology, 2010 Volume 11 Number 2](#).
4. Nurses have to see that the BBS/CFT is safe. After six years of research and teaching the work to over 100 practitioners including many Amish lay people with only a grade school education, no newborn has been harmed. The work has all been good. In the BBS we are just holding the cranium/sacrum to check for motion and the head for shape. In CFT we are just holding the newborn to feel for birth strains in the body. We are literally helping them take their first stretches in life after an active and sometimes traumatic nine months. We use very controlled techniques and do not apply any force that could possibly hurt them.
5. Nurses have to see that our work is not threatening to their birth protocols. We are happy with current birth procedures. We just want to add the BBS/CFT to their protocol.
6. The doctors have to see the return of the infant's health with the proof of medical testing. Not only did the newborns appear to get better, but also all of the tests confirmed it. No one can argue with machines.
7. As their view expands in time, doctors and nurses have to see that it works fantastically in many areas of preventative pediatric care.
8. The hospital boards, which approve research projects, must feel confident about the work. Birth is the most litigated area of medicine today. When presented

***that their parents are amazed. The fact that there is an end to treatment has parents very willing to try therapy."***

Daniel G. Jobson, P.D.M.T.,  
Perkiomenville, PA

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### **Order Your Copy**



### **The Brain Score Approach**

#### **Newborn Evaluation and Treatment for a Lifetime of Neurological Wellness**

Based on Dr. Gillespie's professional clinical experience since 1977, ***The Brain Score Approach*** explains how to optimize brain function at birth as part of a healthy lifestyle.

#### **Cost:**

**1-4 books = \$25/book**  
shipped in the United States

**5 + books = \$19/book**  
shipped in the United States

with a new birth modality, they can wave a red flag. But upon closer examination, the major birthing injuries such as cerebral palsy, lack of oxygen, shoulder dystocia, and brachial palsy occur BEFORE the baby is born. The BBS/CFT can only help these newborns AFTER the fact to lessen the number of medical lawsuits.

9. The Internet media will present the positive hospital research to the world.
10. Mission accomplished, as the BBS/CFT becomes the accepted global standard of care for newborns, and billions of lives are improved.

### **A NEW SEMINAR FOR 2012 THE POWER OF PRESENCE APRIL 21 & 22, 2012**

We are excited that Rebecca Debus, a student in the April 2004 seminar, will be introducing a new and much-needed seminar, entitled The Power of Presence coming in April. You can check her out at: [alifehealing.com](http://alifehealing.com). Remember all of the emotional stuff that came up at the seminar with the web? She will teach you how to handle it.

**[Click Here for The Power of Presence Information](#)**

### **THE BENEFITS OF THE BBS/CFT**

When parents naturally add love, good nutrition, and exercise to the newborn equation, the BBS/CFT possibilities can become tremendous:

1. It can prevent the inability to latch on, difficulty in sucking and swallowing, reflux, colic, indigestion, gas, constipation, napping issues, stridor, pyloric stenosis, clubfoot, and torticollis.
2. It can result in a happy and content baby.
3. It can result in structural immunity later as a toddler, where physical trauma has little or no effect on her/his health.

*"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "*

4. It can create excellent infant neurological function. The Family Hope Center reports that children in their infant program have reached their neurological developmental milestones 30% faster than the standard.
5. It can prevent childhood diseases like asthma, headache, ADHD, and other conditions.
6. It can create a neurological learning environment where focus, concentration, memory, thinking, and other cognitive functions can be maximized at school.
7. Finally, it can result in a child who can be the best he/she can be in life.

#### CFT AT BIRTH BY ALAIS PESTINGER

One evening in mid-December I caught up with a dear friend, who was expecting her first baby. As we spoke about life, our conversation drifted towards her pregnancy. She was turning the corner into the difficult stretch of the eighth and ninth months. As she related the common struggles with breathing, back pain, and bladder issues, I was suddenly struck by the fatigue in her face, the lack of sparkle in her eyes, and the strain of her upper body bearing the uncomfortable bulge of her pregnant belly.

[CLICK TO CONTINUE READING THIS ARTICLE BY ALAIS](#)



## FACEBOOK

[www.gillespieapproach.com](http://www.gillespieapproach.com)

Like us on Facebook 

For the latest discoveries in the newborn field, please join our group on Facebook. If you missed the early posts, they are saved on the website under the Baby Brain Score section filed chronologically with topic titles. We are still discovering new applications because the craniosacral fascial system is connected to everything in the body. In today's medical thinking, who recognizes that the right kidney is connected to the upper left second premolar? It is all one. Let us make something happen together; after all it IS the 21st century.

## VIDEO CHANNEL



CFTerapy - The Gillespie Approach



CFT on a 21 Month Old Baby



Jana's Journey from Birth to Recovery - Pending Copyright

CONTACT US AND REGISTER FOR SEMINARS



To learn more about The Gillespie Approach for babies, children and adults, contact Dr. Gillespie's office:

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