



# The Gillespie Approach Newsletter

## Summer 2012

BY DR. BARRY GILLESPIE

*"CONTENT BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET"*

### VIDEOS

#### VIDEO CHANNEL



Please visit  
The Gillespie Video Channel  
3 Amazing CFT videos

#### IMPORTANT INFORMATION

#### THE BASIC CRANIOSACRAL FASCIAL THERAPY (CFT) SEMINAR

August 17 - 19, 2012  
Missoula, Montana  
(9:30 - 5:30)

Contact:

Ange Anderson  
P: 406-203-6261  
C: 503-381-1498  
[atrenga@gmail.com](mailto:atrenga@gmail.com)

#### THE INTRODUCTORY BABY BRAIN SCORE (BBS) AND CFT SEMINAR

August 20, 2012  
Missoula, Montana  
(9:30 - 5:30)

Contact:

Ange Anderson  
P: 406-203-6261  
C: 503-381-1498  
[atrenga@gmail.com](mailto:atrenga@gmail.com)

#### THE BASIC CRANIOSACRAL FASCIAL THERAPY (CFT) SEMINAR

September 7-9, 2012  
King of Prussia, PA

### What's Happening In CFT

#### BABY DAY NEWS:

Krissy, Mike, and I are finishing up our research in Lancaster this summer. We expect to write the medical article this Fall, which includes all of our statistics, and then submit for medical publication in 2013. Krissy and Mike will be the lead researchers on the article, and we will be submitting the work under the flagship of The Family Hope Center, similar to the Baby Brain Score article. We are grateful for the statistical work that Pricilla, Krissy's mom, has done behind the scenes over the years. We would be lost without her work.

We are in awe of the results. We thought it would be good in the beginning, but never dreamed how great it was going to get. The bottom line: we cannot find a newborn that did NOT respond to CFT. Usually in research nothing goes right, and everything goes wrong. It happened to me in Grad school in 1974, and that is just the way it is in research. In our research EVERYTHING went right, and NOTHING went wrong. It was like God gently showed us Nature's secrets, except without all the inherent problems. Absolutely every door was opened for us for so many diseases. It was the experience of a lifetime for me. I felt like I was living the perfect dream for 6 years.

We are grateful for everyone who was a part of this project. We were blessed to have Joan Martin and Ruthie Sensenig start the ball rolling in 2006 in the Mennonite Community. We are thankful for all of the therapists who pitched in over the years. We are extremely grateful to have hundreds of mothers bring their babies in for evaluation and treatment. It was very rewarding for us; we saw happy babies and happy moms every week. It was

## Seminar Information

### LEARN MORE

Please visit my website for more information.

[www.gillespieapproach.com](http://www.gillespieapproach.com)

Please email me with any questions about the seminars or if you have questions about integrating The Gillespie Approach and CFT into your practice at [drbarryrg@me.com](mailto:drbarryrg@me.com)

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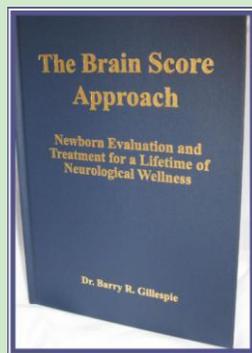
*"CFT makes up 40% of my practice. Also, it will lengthen my career, as it is physically easier to do.*

*The children are responding to CFT so well that their parents are amazed. The fact that there is an end to treatment has parents very willing to try therapy."*

Daniel G. Jobson, P.D.M.T.,  
Perkiomenville, PA

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truly a win/win for everyone.

We feel that what we have learned over those 6 years including seeing newborns in Mexico, Canada, and other parts of America, will translate into a phenomenal global experience. There is no question that the newborn problems that we have solved are present worldwide. Everywhere parents are looking for answers. It is just a matter of what needs to happen for this information to click in and become a global reality.

We feel that this work will prevent at least 20 diseases and, more importantly, turn the brain on at birth for maximum neurological function. There is nothing like it in medicine today. We are very excited about the future. We look forward to the day when every newborn on the planet has the BBS/CFT at birth. What a gift for any human being!

### THE BBS/CFT SCENARIOS

Every year about 134,000,000 newborns come into the world. I have evaluated and treated only a drop in the ocean in Pennsylvania, Wisconsin, Delaware, Canada, and Mexico. But since students everywhere and The Family Hope Center are internationally reporting similar findings, a global pattern is starting to emerge. During those nine months of development, labor, and delivery, the great majority of fetuses can experience trauma causing potential conditions. In a very simplified manner I have created three possible newborn scenarios:

1). The happy and content babies: These lucky newborns are healthy. They have escaped severe fetal/birth trauma and have self-corrected any remaining strain patterns. They nurse and nap well, and do not have reflux, colic, indigestion, or constipation. They have a high BBS and need little or no CFT. They are the children who grow up without a headache, neck ache, or backache, hardly ever get sick, and wonder why everyone else has medical issues. The main goal of the BBS/CFT concept is for the newborns in the next two groups to become a part of this scenario for the best possible quality of life outcome.

2). The fussy babies: The majority of all newborns appear to be in this unhappy distressed group. Their bodies are overloaded with craniosacral fascial strain and cannot completely self-correct their fetal/birth trauma. Even though they are considered "medically" healthy, they have trouble nursing or nap poorly and have colic, reflux,

## The Brain Score Approach

### Newborn Evaluation and Treatment for a Lifetime of Neurological Wellness

Based on Dr. Gillespie's professional clinical experience since 1977, *The Brain Score Approach* explains how to optimize brain function at birth as part of a healthy lifestyle.

#### Cost:

1-4 books = \$25/book  
shipped in the United States

5 + books = \$19/book  
shipped in the United States

*"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "*

indigestion, and/or constipation. These children are the most prone to later have asthma, headaches, ADHD, earaches, and reading, focusing, and concentrating issues. The BBS/CFT can prevent these conditions and create optimal neurological development. With minimal visits at birth the families are spared nasty outcomes for their children.

3). The train wreck babies: These newborns with a low BBS may have multiple issues with possible neurological damage. Their tight bodies have a huge onion of strain patterns. There is no way these infants can "grow out" of these conditions with these intense layers of strain. The BBS/CFT is a life-changing experience for them; without it, they are looking at a compromising and challenging future. Their brain can begin to heal immediately after birth, and their bodies can start to normalize more quickly. I expect that children with a moderate brain injury could heal to a point where the parents would never know there was a problem at birth. Newborns with a severe brain injury at birth may appear more moderate to parents in later development.

Since no one can visually see or foretell the status of any newborn, the BBS/CFT needs to be done on everyone for the best possible quality of life outcome. It is a chance where the newborn can grow up to be healthy, and the parents and child never have the negative experience of what could have been. When enough people connect the dots, I am excited that the BBS/CFT will be a global experience. It is the ultimate lifetime gift for any human being! We, as providers, are over the top with joy for the future of the birth experience. Our goal is for contented babies and happy families to create a more peaceful planet.

## PERSONAL BABY NEWS

Krissy and Mike's baby, Samara, is very happy and content. She is about 3 months old now and doing very well. On a personal note, Krissy and Mike worked for free for years with baby day with no personal expectations. But that experience, which they have given their hearts to for the common good, has come back in one huge dividend. I could not be happier for them. We are blessed.

## THE SEMINARS

We are looking forward to teaching this summer. Christine, Kim, Rebecca, and I will be presenting the 4-day seminar in Missoula, Montana in August. We hear that many people there are interested in

doing the BBS/CFT. We are hoping that it will be done in the local hospital, and a Baby Day will happen in Montana this Fall. We are spreading the word to create a better planet.

We will also be at Cortiva in King of Prussia this September. Christine, Kim, Dar, and Alais will keep me on my toes. I hope I can remember everything with just turning 65! I gave my first CFT lecture to a group of doctors in Boston in 1980. Teaching is the joy of my life. Thank you for all of your continued support.

#### FACEBOOK

[www.gillespieapproach.com](http://www.gillespieapproach.com)

Like us on Facebook 

For the latest discoveries in the newborn field, please join our group on Facebook. If you missed the early posts, they are saved on the website under the Baby Brain Score section filed chronologically with topic titles. We are still discovering new applications because the craniosacral fascial system is connected to everything in the body. In today's medical thinking, who recognizes that the right kidney is connected to the upper left second premolar? It is all one. Let us make something happen together; after all it IS the 21st century.

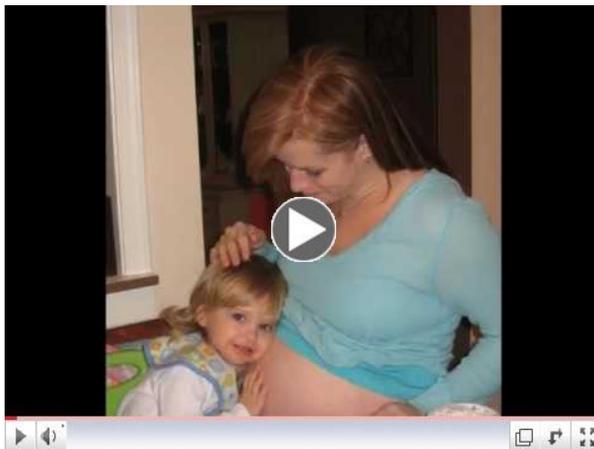
#### VIDEO CHANNEL



CFTtherapy - The Gillespie Approach



CFT on a 21 Month Old Baby



Jana's Journey from Birth to Recovery - Pending Copyright

**CONTACT US AND REGISTER FOR SEMINARS**



To learn more about The Gillespie Approach for babies, children and adults, contact Dr. Gillespie's office:

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