



The Gillespie Approach Newsletter Summer 2014

BY DR. BARRY GILLESPIE

"CONTENTED BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET."

VIDEO CHANNEL



Please visit
The Gillespie Video Channel
Here is my Video
presenting CFT



Dr. Barry Gillespie

SEMINAR INFORMATION

September 12-14, 2014

**The Basic CFT Seminar for
Children and Adults**
King of Prussia, PA
[Click Here for More Information](#)

What's Happening in CFT

This Newsletter will solely focus on a young woman who suffered with severe POTS (postural orthostatic tachycardia syndrome), chronic fatigue syndrome, fibromyalgia, temporomandibular joint syndrome, and migraines. You will read how eight health care providers and family members experienced the effects of these conditions. Strong emotions around a seemingly hopeless situation make for a compelling story.

[The Health Care Providers Speak.. read more below](#)

THE SPECIALIST FROM JOHNS HOPKINS MEDICAL CENTER

Emily's main symptoms began after a gastrointestinal infection in August of 2007. They were fatigue, cognitive problems, headaches, lightheadedness, and gastrointestinal symptoms. Her main diagnoses were the following: [READ MORE](#)

THE INTEGRATIVE DENTIST FROM BALTIMORE

LEARN MORE

Please visit my website for more information.

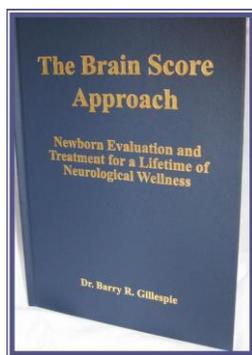
www.gillespieapproach.com

Please email me with any questions about the seminars or if you have questions about integrating The Gillespie Approach and CFT into your practice at drbarryrg@me.com

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The Brain Score Approach

Emily had been suffering for a long time when she came to my office in March 2012. Her mother sent an urgent email asking for my help. "Some of the treatments provide relief, but none to where she can stay out of bed for a day at a time. She has had to quit school and see a cognitive therapist. We really need help and some one who sees her as a beautiful 21-year-old and can give her her life back." [READ MORE](#)

THE ACUPUNCTURIST FROM BELAIR, MD

Emily and I began our partnership in body, mind, and spirit wellness through acupuncture in August of 2013. She presented with pain, inflammation and feelings of sadness, anxiety, and frustration due to the physical symptoms keeping her from enjoying life to the fullest. [READ MORE](#)

THE MENTAL HEALTH CARE SPECIALIST FROM TOWSON, MD

When I first met Emily, her life was very restricted. She felt imprisoned by chronic health issues and appeared to be sad, withdrawn, and hopeless about her future. She spent most of her day managing symptoms and a consistent schedule of doctor appointments. Emily had chronic fatigue, cognitive foginess, jaw pain, and chronic headaches. She expressed that she didn't feel like herself and wasn't happy with life. [READ MORE](#)

THE CRANIOSACRAL FASCIAL THERAPIST FROM PHILADELPHIA

My piece of this discussion is to teach my clinical CFT thought process. Having done 6 years of infant research, I am always aware of the fact that the present condition of the patient, no matter what her/his age, may have its root cause in a birth injury (fetal, labor, and delivery). I never quite know until I get into their life union of trauma; I suspect it when their presenting issue is not fully resolving quickly. The actual answer to their condition may be the healing of emotional and/or physical traumas at their birth core. [READ MORE](#)

Newborn Evaluation and Treatment for a Lifetime of Neurological Wellness

Based on Dr. Gillespie's professional clinical experience since 1977,

The Brain Score Approach explains how to optimize brain function at birth as part of a healthy lifestyle.

Cost:

1-4 books = \$25/book shipped in the United States

5 + books = \$19/book shipped in the United States



"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "

THE FAMILY SPEAKS: EMILY'S MOTHER

I can remember the day Emily was born as if it was yesterday. Her breech position necessitated a C-section delivery. After the doctors yanked and tugged, out she came - defiant as if offended that so many people pushed and pulled her. Even then, Emily had a strong will to "do it herself". [READ MORE](#)

EMILY'S FIANCE BEN

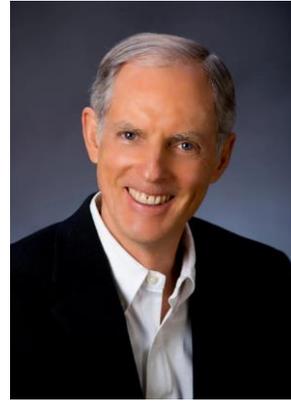
When I was 17 and a junior in high school, I met Emily in the most unlikely of places, my favorite video game. We started talking online and then on the phone. When I started to rack up a pretty hefty phone bill, my parents were not too happy. There was just one small problem, I lived in Colorado and she lived in Maryland. After thoroughly convincing my parents that Emily was definitely not a 40-year-old man, they gave me their blessing in January 2009 to move to Maryland with Emily and her mother. [READ MORE](#)

EMILY

Postural Orthostatic Tachycardia Syndrome (POTS) was something I had finally accepted as a part of my life. Never did I imagine that when I started craniosacral fascial therapy (CFT) for chronic pain, my POTS symptoms would disappear within a couple of months. Even though POTS is considered an incurable disorder, I believe that CFT can also help other POTS patients.

[READ MORE](#)

To contact Emily: emilysaraht14@gmail.com



VIDEO CHANNEL



CFT - The Gillespie Approach



Jana's Journey from Birth to Recovery - Pending Copyright



CFT on a 21 Month Old Baby



Roman's Craniosacral Fascial Therapy

CONTACT US AND REGISTER FOR SEMINARS



To learn more about The Gillespie Approach for babies, children and adults, contact Dr. Gillespie's office:

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