

What's happening in CFT

Dear Readers,

This beautiful email could not wait for the next edition of the Newsletter. It shows the many aspects of CFT. As Rebecca told me, the positive waves keep coming at you. A therapist, who treats babies/toddlers in Africa, saw the website and came to Lancaster, Pa in September 2011 for the 3-day adult/child seminar and the 1-day introduction to newborns/infants seminar. Her husband spent every day caring for their young child. I worked with her a few times on this child in her hotel room after hours to give her more confidence.

Remembering that she is the only CFT practitioner in Africa, I believe that she has performed extraordinarily well. Please note her incredible act of motherhood after a C-section when her newborn had a nursing issue. I believe that the divine universal bond between mother and child will be a major reason for CFT global acceptance. Her flowing dance sentence reads like poetry.

CFT is happening on the planet. I hope you are enjoying the ride like I am. I think leaving periodontics was a good career move....haha.

Barry

Letter from Africa

Hi Barry,

I'm happy to let you know that the CFT part of my practice has really taken off, especially babies and children. I'm seeing more and more new babies each week. I absolutely love the work and am constantly amazed with each baby I see. I'm still unsure each time I get a new baby if it is going to work (unsure of myself that is). It never fails to amaze me how incredible this work is. I find with each baby I treat, I learn more and manage to connect more dots.

One of the docs at the practice where I work (who told me he didn't believe this would work when I first told him) now supports me by letting me talk at the antenatal classes at the practice. The majority of these parents bring their newborn babies to me now. I had a temporary receptionist in December, and she said, "I can't believe how happy all these babies are that come to see you." I think she was expecting to be dealing with a waiting room of crying babies all December.

The most amazing aspect for me has been treating the babies referred to me for mild developmental delay. So often babies, who haven't been rolling, crawling, or walking, start doing all these major developmental milestones after CFT. Some do it even immediately after treatment. It also amazes me how many babies with 'low tone' seem to have almost an immediate change in tone after treatment - have you noticed that? [Yes] Sometimes the low tone babies feel much better even by the end of the session. On the other hand, I often I find the stiff babies go very 'floppy' after treatment. Then within a day or two the tone normalizes.

One child, who I was convinced had cerebral palsy and so worried about him (as were the parents), couldn't use his hands. His shoulders were constantly retracted, and he couldn't even get his hands past his sides, let alone to the midline. Obviously he also couldn't do anything else either. He was about 5 months when I first saw him. He did amazingly well with CFT; he looks to be a normal baby now as far as we can tell. I will never forget the incredible gift this treatment has given him. Even if it doesn't help another child (which I know it has and will), it made my trip to the States to learn

your work all the worthwhile!

Another huge bonus of the treatment for me is that I had another baby in September last year. Unfortunately this time around I ended up having a C-section. After I went into labor twice and petered out at full term, they discovered that the cord was wrapped around her neck. She had already engaged 4 weeks before but then, sometime in between, had moved back up because they thought the pressure from the cord was preventing her from going back down.

After birth, she wouldn't latch. So in my drug-induced state, I did some CFT, concentrating on her mouth. She latched on immediately afterwards. It took me another 24+ hours before I felt like I had come down from my drug-induced trip (I don't normally take meds!) that I managed to treat her properly. I treated her 3X in the hospital before bringing her home and what a difference it made! She is the most happy, content, and easy baby!

Before I treated her in the hospital, the nurses kept bringing her to me saying we can't get her to stop crying. When she was even with me, she would also cry a lot too. Her pelvis and hips were rotated and very tight, but she released beautifully. With all the other newborns I've seen, I always think it is the most beautiful part of this work. The majority always release so perfectly, like you are watching a beautiful, flowing dance.

I have you and your work to thank for my beautiful, peaceful little girl. After my 1st child, who was a really difficult, reflux, hyper baby, I was very nervous to have another baby. I didn't think I could do it again! Added to that, I have polycystic ovaries and messed up hormones. I wasn't even meant to have any children. I fell pregnant with my first child after I changed my diet dramatically to try to prevent the thyroid and diabetic problems associated with the syndrome.

When I went to the doctor before coming to your seminar, she told me it looked pretty bad again, and it was unlikely I could have another baby. I fell pregnant a few months after all the work I had done on me at the seminar. I think that the treatment combined with the relief that I now had some knowledge that could help me treat a crying reflux baby enabled me to fall pregnant again.

So I have a lot to be thankful to you; I have a happy family and really love my new work with the babies! Part of the reason I also looked into CFT was to give my hands easier work. I was really battling with my thumbs, hands and wrists; some days I could hardly wash dishes and yet I still had to work. Now I find this work a lot easier on my hands and at least it doesn't look like I'll have to stop work before I'm 40 due to arthritis!

Obviously, the success I've been having is sparking an interest around here and more people are keen to learn. My partner wants to go to America this year to learn, and who knows, maybe we will be able to start spreading your work here.

Wishing you all the best for the New Year, may God continue to bless you and the work you do!