



The Gillespie Approach Newsletter Winter 2015

BY DR. BARRY GILLESPIE

"CONTENTED BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET."

VIDEO CHANNEL



Please visit
The Gillespie Video Channel
Here is my Video
presenting CFT



Dr. Barry Gillespie

SEMINAR INFORMATION

March 27-29, 2015

**The Basic CFT Seminar for Children
and Adults**

King of Prussia, PA

[Click Here for More Information](#)

April 25-26, 2015

Infant/toddler day on Saturday and
Adult/child day on Sunday.

What's Happening in CFT

A New Opportunity for Training With Barry

If you would like to continue your CFT education as one of a dozen or so CFT practitioners over an April weekend at Barry's office in King of Prussia, the seminar information in the left panel may interest you.

The Basic Philosophy of CFT

Craniosacral fascial therapy (CFT) is all about healing, not about fixing or curing. CFT is completely based on the premise that the body knows best how to heal itself. It does this beautifully 24/7, even if healthy, abused, or ill.

We need to ask ourselves what role do we play in that healing? We believe that we facilitate the loosening of the body's tight craniosacral fascial system to open structural cellular communication. We believe at conception that this system has the potential for optimum function, but emotional and physical traumas can tighten it throughout life. Just as soft tissue restriction and impairment can create disease, soft tissue freedom and elasticity can regenerate health. In short, we help tight people to loosen.

The primary goal of CFT is to help restore the innate optimum function of the craniosacral

King of Prussia, PA
[Click Here for More Information](#)

LEARN MORE

Please visit my
website for more
information.

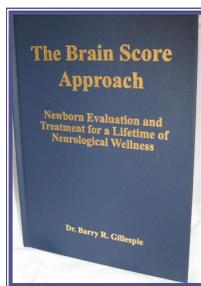
www.gillespieapproach.com

Please email me with any questions
about the seminars or if you have
questions about integrating The
Gillespie Approach and CFT into your
practice at
drbarrryrg@me.com

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The Brain Score Approach

**Newborn Evaluation and Treatment
for a Lifetime of Neurological**

facial system. We need to be the masters of
this newly discovered system to show the world
the effectiveness and safety of CFT.



OUR HAPPY YOUNG MAN

Wow, the happy baby in our homepage logo is
growing up! You may remember Corban's
amazing story from the Winter 2013 Newsletter.
Katrina was kind enough to give us an update;
thank you for including the great photos. This
story represents our WHY....why we do what we
do: A Happy Baby = A Happy Child = A Happy
Family. Our goal is to repeat this process
millions of times around the planet.

Hi Barry!

*Corban is developing so well. He constantly has
his Dad and I in stitches laughing. He has quite
a unique sense of humor and always finds
himself surrounded by many who absolutely
adore him. What a fun little man he has turned
out to be. He continues to amaze me with how
smart he is. He'll be three in March and he's
drawing pictures of his family. Before he
turned two, he drew a very detailed spider
with the web (watching a little too much
Spiderman maybe???)*

*He has been so healthy! I can count just 2 or 3
times he's ever been sick. His head remains
perfectly shaped and his baby teeth are
completely straight and healthy. I sometimes
can't believe how clearly he speaks in
sentences. A few weeks ago, he started singing
a song from Les Miserable ("Look down, look
down, don't look him in the eye...."). He must*

Wellness

Based on Dr. Gillespie's professional clinical experience since 1977, ***The Brain Score Approach*** explains how to optimize brain function at birth as part of a healthy lifestyle.

Cost:

1-4 books = \$25/book shipped in the United States

5 + books = \$19/book shipped in the United States



"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "

have learned that one from his Dad, but it had me rolling in laughter. Though I'm just another proud Mom, he amazes me.

I cannot thank you and your team enough for changing Corban's life and ours as well. Continue your grand work and God's miracles, and may He always bless you full circle.

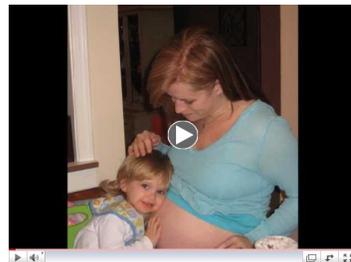
Katrina





VIDEO CHANNEL

CFT - The Gillespie Approach



Jana's Journey from Birth to Recovery - Pending
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CFT on a 21 Month Old Baby



Roman's Craniosacral Fascial Therapy

CONTACT US AND REGISTER FOR SEMINARS



To learn more about The Gillespie Approach for babies, children and adults, contact Dr. Gillespie's office:

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