



## The Gillespie Approach Newsletter Spring 2018



### We Are The Happy Baby People



*By Dr. Barry Gillespie*

For the newer readers, the following is an updated version of the "Introduction" from my out-of-print 2010 book, *The Brain Score Approach*. I have since created a compendium of 429 plus all future Facebook posts, all available on the News section of the Gillespie Approach homepage.

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### The Emotions of Breastfeeding

*By Dr. Barry Gillespie*

In the Gillespie Approach we see a wide range of emotions around breastfeeding. Baby M presented in the lowest one percent of weight for her age, and mom was very worried. In our infant research we found that 80-90% of these issues were cleared when the baby became craniosacral fascial strain-free.

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## Infant Asthma and Reflux

*By Dr. Barry Gillespie*

Most pediatricians would consider infant asthma and reflux as separate diseases. Since the craniosacral fascial system touches every structural cell of the body, we believe that birth trauma can readily cause many infant conditions simultaneously.

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