



The Gillespie Approach Newsletter Summer 2018



The New Global Standard of Newborn Care: Part 1—The Real World



By Dr. Barry Gillespie

We are the happy baby people. Our goal is for every one of the billions of unborn babies to breathe, nurse, digest, poop, and nap well by the second day of his/her life. These are our five essential "vital signs" for quality of life issues in our happy baby model. In the real world a first-time mother may fully expect to go home ...

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The New Global Standard of Newborn Care: Part 2—The New Criteria

By Dr. Barry Gillespie

If you came into the world before 1953, you were on your own to live or die. Sometimes a struggling newborn was left unattended to die in the birth suite. Neonatology and NICUs had not been created, and birth was all about saving the mother's life. I remember the doctor in Connecticut telling my aunt in the 1950s, "if you lose your baby, just have another one."

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The New Global Standard of Newborn Care: Part 3—How the Work Unfolds

By Dr. Barry Gillespie

The happy baby concept is new for pediatric professionals. In their world healthy babies may not necessarily be happy babies. In our world the birth experience can be physically and emotionally traumatic to the fetal craniosacral fascial system. Simply stated, babies get tight, their physiology is impaired, and they are not happy.

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