



The Gillespie Approach Newsletter Spring 2019



Infant Crying During CFT

By Lauren Mitchell

I am writing about my newborn baby boy. After three sessions of craniosacral fascial therapy (CFT) with Dr. Barry Gillespie, I can confidently say the results are tremendous. My relationship with Barry and CFT began with my first child, who was born with torticollis (severe tightness of her neck to one side), tongue tie, and TMJ.

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Enroll in Gillespie Approach—Craniosacral Fascial Therapy Courses

The Gillespie Approach—Craniosacral Fascial Therapy 3-Day Infant Training
April 12 to 14, 2019
Kansas City, Missouri



The Gillespie Approach—Craniosacral Fascial Therapy 3-Day Foundation Training
June 21 to 23, 2019
Philadelphia, Pennsylvania



The Gillespie Approach—Craniosacral Fascial Therapy 3-Day Foundation Training
November 1 to 3, 2019
Flower Mound, Texas

[More Information](#)

Watch Gillespie Approach Videos

Why Are Babies Fussy?



[Watch Videos](#)

Quietmind Foundation Seeks Study Participants

Quietmind Foundation is recruiting subjects who notice they are having trouble remembering things for a new 60-day, randomized, double-blind, placebo-controlled clinical trial. The Foundation wants to determine whether brief periods of infrared light stimulation directed passively through the scalp can alleviate symptoms of early to mid-stage memory loss (dementia).

[More Information](#)

