



## The Gillespie Approach Newsletter Winter 2021



### The Many Diverse Infant Conditions of the Gillespie Approach

In his poem “The Divine Comedy” Dante describes his travels down the nine circles of the inferno. We are going to take a similar trip down the twenty circles of soft tissue birth traumas.

We start our journey at the seemingly innocuous first level, the fussy baby circle. Most of our tight infants fall into this group. These babies, according to many pediatricians, are completely “healthy”—parents need not worry because they will “grow out of” their nursing issues, colic, reflux, gas, indigestion, and constipation.

[Read More](#)

### Gillespie Approach—Craniosacral Fascial Therapy Courses

**3-Day Foundation Training**  
March 5 through 7, 2021  
Chapel Hill, North Carolina

[Sign up for Courses](#)

### Watch Gillespie Approach Videos

## Why Are Babies Fussy?



Watch Dr. Barry Gillespie's eye-opening and engaging videos in which he dives deep into how Gillespie Approach—Craniosacral Fascial Therapy can result in health improvements for babies, children and adults.

[Watch Videos](#)

### Explore the Gillespie Approach A-to-Z Health Conditions Directory



Dr. Barry Gillespie has discovered that Gillespie Approach—Craniosacral Fascial Therapy has been effective in treating patients presenting with 500-plus health conditions. Gillespie Approach—Craniosacral Fascial Therapy has helped improve or correct these health conditions, giving patients a better opportunity to enjoy robust health.

Learn about how this therapy can help improve conditions from A to Z—and share this powerful resource with loved ones far and wide!

[View the Directory](#)

