



The Gillespie Approach Newsletter June 2021

NEWS & UPDATES

With this June 2021 newsletter, the Gillespie Approach is shifting from quarterly to monthly newsletters to enhance communication with our audience, especially those not on social media.

Every month, you'll enjoy some combination of these newsletter departments:

- **Story Highlights:** Featured stories from recently published articles by Dr. Barry Gillespie.
- **Topical Health News:** A link to stories by Dr. Gillespie connected to health holiday observances.
- **Spotlighted Video:** Watch a selected video featuring the Gillespie Approach.
- **Q&A With Dr. Loose:** Have a burning question for Dr. Gillespie? Hit reply and ask. Your question and Dr. Loose's answer might be featured in a forthcoming newsletter!
- **Course Schedule:** Get all the details about Kim Sherlock and Holly Steflik's Gillespie Approach courses for children and adults as well as babies.

STORY HIGHLIGHTS



"It Felt Like I Had Just Been Brought Back To Earth," A Recent Patient Shares

Dr. Gillespie has written three stories about a young male adult suffering from anxiety and depression. Discover this patient's history of physical trauma and get uplifted by his breakthroughs, thanks to Gillespie Approach–Craniosacral Fascial Therapy.

- **Story 1:** [Anxiety and Depression](#)
- **Story 2:** [The Oral Onion](#)
- **Story 3:** [A Family's Feelings About The Gillespie Approach](#)

[➤ See All Recent Articles](#)

TOPICAL HEALTH NEWS

June Is National Migraine and Headache Awareness Month



June is National Migraine and Headache Awareness Month.

Dr. Gillespie has put a lens on each of these health conditions many times since he began publishing stories on his website in May 2011.

If you or a loved one is affected by migraines and/or headaches, learn about how Gillespie Approach–Craniosacral Fascial Therapy can help!

[➤ Discover Articles Citing Migraines](#)

[➤ Explore Stories Citing Headaches](#)

[➤ View The Gillespie Approach's A-To-Z Health Conditions Directory](#)

SPOTLIGHTED VIDEO

Helping Fussy Babies Heal With Gillespie Approach–Craniosacral Fascial Therapy



Enjoy this spirited video honoring and celebrating the journey mothers face with their fussy babies in embracing Gillespie Approach–Craniosacral Fascial Therapy—a game-changer for the whole family.

Your likes, comments and shares of this YouTube video will help get this video seen by mothers and fathers looking for a solution to their babies' fussiness issues.

[➤ Watch The Video](#)

COURSE SCHEDULE

Learn Gillespie Approach–Craniosacral Fascial Therapy To Treat Loved Ones Or Patients Professionally

3-Day Child–Adult Training
June 2021 | Kansas City, MO

3-Day Child–Adult Training
July 2021 | Redding, CA

3-Day Infant Training
July 2021 | Redding, CA

3-Day Infant Training
August 2021 | Dallas, TX

3-Day Child–Adult Training
October 2021 | Fallbrook, CA

3-Day Child–Adult Training
December 2021 | Newtown Square, PA

[➤ Sign Up For Courses](#)

Help Gillespie Approach–Craniosacral Fascial Therapy reach as many babies, children and adults who need healing as possible! Share this email with family and friends! ☺

