



The Gillespie Approach Newsletter April 2022

NEWS & UPDATES

Gillespie Approach fans have clamored for a behind-the-scenes video that spotlights our courses.

The good news is, the curtain's off and the wait is over!

Check out the video below and, to help more people find the Gillespie Approach, kindly like, share and drop a friendly comment in the video.

Next, if you want to learn the Gillespie Approach and live in the middle of America (or are able to travel to this neck of the woods), you will be pleased to know that two courses have been added for August in Maple Grove, Minnesota.

Check the Course Schedule below for the full rundown of upcoming courses and sign up to lock in your seat.

STORY HIGHLIGHTS



The History of the Work at Birth

"We found that there was a very high probability that infants did not 'outgrow' their fussiness issues. Instead they 'grew into' ... childhood conditions that transformed into other adulthood conditions."

—Dr. Barry Gillespie

In 1978 I noticed that children did well with my work. My interest was spurred in 1980 when some children with pediatric asthma were healed. Since this was labeled as an "incurable" condition, I felt I was onto something big.

I watched scores of asthmatic children in the 1980s and 1990s become well with therapy. I concluded that the main tenant of pediatric asthma was that fascial strain was restricting the respiratory system from functioning properly.

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GILLESPIE APPROACH VIDEO



Get a look at Gillespie Approach Course participants learning Gillespie Approach—Craniosacral Fascial Therapy and hear from instructors Kim Sherlock and Holly Steflik.

TOPICAL HEALTH NEWS

National Autism Awareness Month: The Gillespie Approach May Help You or Your Child



This April, National Autism Awareness Month, the Gillespie Approach is showcasing how our gentle therapy may help improve autism spectrum disorder (ASD) symptoms. Autism and ASD are spotlighted in 10 stories by Dr. Barry Gillespie on the Gillespie Approach website—with the 11th story being published tomorrow.

Discover how the Gillespie Approach can make a difference in the health of people affected by autism spectrum disorder, now affecting 1 in 44 U.S. children.

[➤ View Dr. Gillespie's Favorite Autism Story](#)

[➤ View All Autism Spectrum Disorder Stories](#)

COURSE SCHEDULE

Learn Gillespie Approach—Craniosacral Fascial Therapy to Treat Loved Ones or Patients Professionally

CHILD-ADULT COURSES

- March 2022 | Chapel Hill, NC
- April 2022 | Louisville, KY
- June 2022 | Kansas City, MO
- August 2022 | Maple Grove, MN
- September 2022 | Albuquerque, NM
- October 2022 | Salt Lake City, UT
- November 2022 | Philadelphia, PA

INFANT COURSES

- April 2022 | Louisville, KY
- June 2022 | Kansas City, MO
- August 2022 | Maple Grove, MN

[➤ Sign Up For Courses](#)

Q&A WITH DR. LOOSE

Share Your Burning Question for Dr. Loose to Answer in the Next Newsletter

Have you been reading Dr. Gillespie's stories but wonder about something connected to the Gillespie Approach?

We'd love to feature your question with Dr. Loose's answer in the next monthly Gillespie Approach Newsletter.

Just hit reply on this email to ask Dr. Gillespie your question—and mention it's for the newsletter.

CALL FOR VIDEO TESTIMONIALS

Shine to Help Others Find the Light

Do you have a Gillespie Approach testimonial you'd like to share with the world so others can find healing?

We're looking to feature more Gillespie Approach video testimonials on our YouTube channel and on our Testimonials website page.

If you'd like to use your voice to help others suffering from similar health conditions, please tap the button below and share your video or text story.

[➤ Submit A Testimonial](#)

Help Gillespie Approach—Craniosacral Fascial Therapy reach as many babies, children and adults who need healing as possible! Share this email with family and friends!

